



RACQUET RACKET

Official Newsletter of the National Masters Racquetball Association (NMRA)

Inside this issue...

- Election Candidates....2
- Doubles Entry Form....5
- NC Results 8-9
- Election Ballot.....19
- Tournament Trail.....20
- NMRA Board.....20

FALL 2012

Sun City Men of October Tournament

By Jan Warren

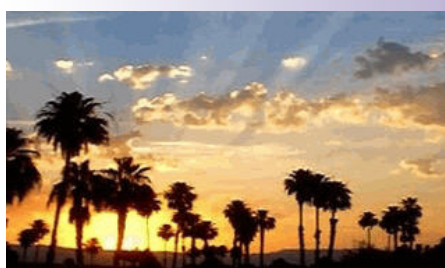
The **Men of October** recently gathered in Sun City West, Arizona, for their second annual doubles and singles tournament.

Sponsored by the National Masters Racquetball Association, Racquetball Players Association of Arizona, USAR, and Gearbox Racquetball, this event is the only tournament to offer one-of-a-kind stained-glass trophies made here in Sun City West, as well as a low entry fee of only \$40. The entry fee includes all brackets of singles and doubles 80+ and a singles bracket of 85+, as well as a 'junior' division for men 75 to 79. Women may also participate, but must understand they will be mixed in with the men (sounds like fun!).

The format for doubles is round-robin, changing partners (a different partner for each game); singles is round-robin.

The tournament was held October 25 through 27. Thank you to our host hotel, Day's Inn, which gave players a great rate of just under \$60. Lunches were served each day with snacks throughout the tournament. A delicious Texas Roadhouse barbeque dinner was served at our awards banquet.

Be sure to check out our video on YouTube. For information please contact the tournament director, **Greg Steger** via email at ipowerfade@yahoo.com or by phone at 563-271-3053.



PRESIDENT'S CORNER —

First, let me thank everyone that helped with, supported, and played in the July NMRA tournament in Raleigh, North Carolina. A special thank-you goes to the school and their very professional staff that made the tournament a super event....and last, but not least, another huge thanks goes to **Ed Remen** for making it all possible. The NMRA will try to get back to NC State as soon as possible.

We always try to get player feedback toward the end, or just after, our tournaments from the players. This time, we had very, very few complaints and concerns. This brings me to what I'd like to talk about for just a bit—It's really fun to enter, plan for, look forward to, then play in a tourney and, when it's over, go home. **THESE TOURNAMENTS DON'T JUST HAPPEN**, and it seems to be harder than ever to put on really good tourneys--the economy, event sites, conflicting interests--the list can go on and on.

Every organization involved with our sport has issues that need to be overcome in order to put on a tourney... the national organizations, state organizations, local clubs, gear manufacturers, etc. We all need the support that only the player base can give; just playing in a tournament is great, but there is always more you can do to help.

1. **Volunteer to help set up or run a tourney, if possible.** It makes the tournament run better and everyone always likes that. Also, you learn just how much work it takes to host a tournament.
2. **Help sponsor a tourney.** Whether it's money, product, or some other type of sponsorship, it all helps.
3. **Support the team as a non-player.** If you are not able to play due to other things going on, but have a free morning or afternoon during a tournament in your area, stop by and help at the desk, serve food, refill water coolers, referee (non-NMRA tournaments)--again, anything to help and support the sport.
4. **Encourage club support.** Get your club to host a tournament, or an in-house tourney. This gets players involved at a greater level of racquetball than just showing up and hitting around with the guys. Show your club that this can lead to new members, or justify the courts' existence at your club.

These are just a few things you can do as a player to help grow and maintain the sport... and remember, though all board members of the NMRA work our tourneys, we are **ALWAYS looking for volunteers and support** for our events. We think this is what keeps our tournaments among the best in the nation.

This issue of our newsletter will give you all the info you need about the upcoming tournaments and our board nominations and voting. If you aren't currently a member or need to renew, please take time on the www.nationalmastersracquetball.org or www.r2sports.com sites to stay up-to-date. Please take the time to read it, then plan your next tourney with us, make sure you vote, and help in any way you can.

THANKS!

Howard Walker, NMRA President

NMRA International Championship



July 2012
Raleigh, NC

NMRA 2012/2013 Election Candidates

By Cindy Tilbury, Election Chairman

This year, we have three open Board of Director positions, and four candidates. I encourage you to take five minutes to vote and give the new board members your vote of confidence. Of course, we encourage you to write in your favorite candidates too. Please write in people who want to serve on the board.

You may vote via paper (see the paper ballot in the second-to-last page of this newsletter, or online at <http://www.r2sports.com/tourney/home.asp?TID=10350>. You may **vote for up to three candidates**.

The results of the election will be made public after February 1, 2013—the deadline for the election. The newly-elected board members will start (or continue) their duties during the March, 2013 board meeting in Tucson, Arizona.

In alphabetical order, the candidates for three-year terms starting in 2013 are:



Patrick Gibson - Fort Worth, Texas

My name is Patrick Gibson, I have been a board member for the past three years. I live in the DFW area of Texas. I have been a tournament director for two of the recent NMRA tournaments, one in Portland and one in Arlington.

From my first NMRA tournament experience, I have been telling everyone who will listen that NMRA tournaments are the best tournaments anywhere. I make sure they know the hospitality is

always the best, and that they will always get more than their money's worth. I have been playing seriously for over 15 years, and in that time, I have won several NMRA medals and other national titles. In Texas, I give lessons and demonstrations, help with tournaments, give out racquets to potential players, and promote the sport to everyone I can. I want to make sure racquetball thrives, and the NMRA is one of the best organizations to do that. I would appreciate the opportunity to continue to serve on the Board and keep great things happening for the 45+ players. I believe the NMRA tournaments are the best of any events that I have attended over the years. I pledge to continue to work to plan and carry out the best interests of our players and the sport of racquetball. I look forward to serving our members for three more years if elected.

Contact me at hgibson5@hotmail.com if you would like to ask me any questions or talk about my ideas for the NMRA.



Leon Jackson - Tampa Bay, Florida

I would consider working with, and in the National Masters Racquetball Association (NMRA), as a privilege. Racquet sports, especially racquetball has become my only focus, having recently moved from northern Virginia down to the Tampa Bay area. I am retired, and in moving into this area, I have dedicated all of my time to the advancement, advertisement, and promotion of Racquetball along with other racquet sports, and want very much to include service to the NMRA in my efforts.

I have been playing tournament racquetball for over 28 years, always striving to improve, not only my skill level, but my knowledge of the sport and game. I have participated in the NMRA since 2006, and in the past I have volunteered my services to the NMRA while attending the National, and International tournaments. I have been fortunate enough to earn three NMRA International Championship titles and experienced firsthand the joys and frustrations players have at national level tournaments and the differences that tournament personnel can make in the success and enjoyment for the players.

I consider it a necessary pleasure to support the operation of the tournaments, and promoting love of the game. I have always been very enthusiastic in my support of Racquetball, willingly volunteering to help ensure ongoing racquetball tournaments and events run smoothly, but have now shifted into high gear...

continued on page 3 ➤

Sad News — NMRA Hall of Fame and Charter Member Gene Grapes Passes

By Tom Curran



Gene Grapes
Irwin,
Pennsylvania
(Amateur Athlete/
Contributor,
Inducted 1982
USAR Hall of
Fame and 1996
NMRA Hall of
Fame)

Gene was an early supporter of the new sport of racquetball. Prior to the formation of the IRA, he helped organize and played primarily in the Pennsylvania State YMCA-sponsored tournaments. He was elected to the board of directors of the IRA in 1975 and served as executive vice president during his tenure on the board. He held five national doubles and national singles titles, in addition to national singles and doubles invitational titles. Gene overwhelmingly dominated his age group for nearly 10 years.

The birth of the NMRA began at a tournament sponsored by the International Racquetball Association in Salt Lake City, Utah, in 1971. It was at this tournament that Sam Caiazza of New Castle, Pennsylvania, dreamed up the idea of hosting a national invitational round-robin tournament on two courts at the New Castle, Pennsylvania, YMCA where Sam was a member. Gene Grapes was also a member of that club and acted as a co-host with Sam.

With the help of his many friends in New Castle, Sam invited 10 players who were 40 years of age or older to participate in a singles round-robin tournament in November 1971. Those participating in this first tournament included Dr. Bill Sellers, Dr. Ray DuPue, Dr. Hal Price, Dr. Bud Muelhiesen, Earl Dixon, Joe Zelson, Gene Grapes, Chet Howard, Sam Caiazza, and Ivan Bruner.

Gene passed away in September 12, 2012 surrounded by his family in his home in Pennsylvania. He will be missed by all who had the honor of knowing him.

Not for Ladies Only

By Cindy Tilbury

I included this in the *Tidbits* of this newsletter, but I wanted to mention it here, too.

The March 2012 Tucson NMRA tournament will have a special twist for women. At check-in, all new women players will receive a \$40 refund for their second division. In addition, the person who brought them to us will also receive a \$40 refund for their second division. We hope to give LOTS of refunds!

Also at the March 2012 Tucson NMRA tournament, we are planning on a special souvenir for ladies. It might be a skirt or bag, but we think the ladies will love it.

As always, we are trying to get more ladies to play our tournaments, so if you have ideas on ways to accomplish that, let us know and we can try them out.

I have noticed in the last few years that our sport really has the BABES playing it—and playing it well!!! That it pretty exciting, because any time you have hot girls around a sport, you will get about 20-to-1 guys playing it in order to hang out with the hot girls. The more the merrier, I always say!

I had a really fun experience at the *US Open* in *Minneapolis* in October, 2012. I was hanging out at the *Minneapolis Athletic Club* courts and one of the local Minnesotans introduced herself to me. She told me a great story about how, 21 years ago, I was refereeing a match of a guy named **Jeff Johnson** and she came up to me to ask me who was playing. I don't remember this at all, but I guess I got her introduced to Jeff Johnson because she was somewhat shy. They have been together since then, got married and have teenaged kids. She has told this story many times, with me in it, and I didn't remember the incident at all. It is simply crazy how one can affect another person's life and future, and not even know it. I think racquetball makes so many good things happen! I am rather proud of myself on that one. They are the cutest couple and I wish them all the best. ○



NMRA 2012/2013 Election Candidates continued from page 2...

in the promotion of Racquet sports. I currently operate a website and produce a cable television program that showcases major and minor racquet sports. The program provides another method of showcasing the niche, but growing market of racquet sports that are not covered to any degree on television other than Tennis. On the first show broadcast in the Tampa area I presented a segment featuring the NMRA's 2012 International tournament. In addition, I have uploaded multiple video segments of that tournament action for public viewing and advertising.

Racquetball is, and has been, an important part of my life, but, I am most interested in advancing the promotion, visibility and increasing participation interest in racquetball and the NMRA.

What I would bring to the NMRA above and beyond my love of the sport, is a commitment to always work with others to complete and improve NMRA operations, and a willingness to assist others in getting other required and necessary work accomplished. In my former jobs I was called upon when results were demanded, and as a former bomb technician, I work extremely well under pressure, thriving on completion of critical assignments.

I am most interested in tournament videoing and pictures for the Banquet and web site, but more than willing to assist in any way possible in promoting and advertising the NMRA. Contact me via email at actioneod@aol.com or check out my website racquetsportstoday.ipage.com



Howard Walker - Austin, Texas

Not only am I an avid NMRA tournament player, but I also play national straight-draw tournaments during the year, as well. I am proud to say that I know racquetball from many angles. Here are some of them.

- I am currently your NMRA President, serving on the board for the last three years
- I was a club owner in the 1990s in Texas
- I have several national titles—singles and doubles
- I coach the team at the University of Texas
- I currently serve on the Texas Racquetball Association board

Listening to the NMRA membership and implementing their great ideas to keep racquetball growing are my goals for my membership on the board. Contact me at hwrball@aol.com to let me know what you would like done for the NMRA members, or to discuss anything about our sport. With your vote, I look forward to continuing to serve on the NMRA board.



Tyrone Tony White - Wetumpka, Alabama

Hi, I'm (Tyrone) Tony White. Please consider voting for me for NMRA Board Member.

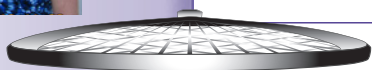
I was first introduced to racquetball in 1984. I enjoy the sport and continue to be an active player. I consider the game to be a challenge of oneself against oneself more so than against the opponent.

I have played in many states nationally, as well as internationally in Japan and Korea. I also played with the Army Team in the early nineties. I consider my skill level to be A or Elite, and 60+ in the age division.

I am currently the *Alabama Racquetball Association Treasurer*, a position I have held for two terms.

If elected, I accept the challenges and responsibilities of this position. I promise to continue the tradition of this organization, and suggest changes where I see room for improvement. I am fairly new to the behind-the-scenes of organizing national events, but one thing that is a pressing issue for me is to have the NMRA be more visible east of the Mississippi. I would construct a list, contact and coordinate with institution(s) to allow the NMRA to use their facilities for future tournaments so we can get new members into our tournaments.

If you would like to talk to me before the election, please contact me at jrotc250966@aol.com.



LIMITED TO FIRST 100 ENTRIES

NMRA 2012 Doubles Championships

December 6-8, 2012 (Thursday, Friday & Saturday)

INFORMATION SHEET

A Wait List will be made available. Call Steve Cohen 714.767.4622

Tournament Steve Cohen 714.767.4622 scohen@nationalmastersracquetball.org

Director & Staff Tom Curran 513.490.7472 curran@nationalmastersracquetball.org

NOTE: The Host Hotel and Club are in the same building.

Direct Online Room Reservation Link:

[HTTP://WWW.HILTON.COM/EN/HI/GROUPS/PERSONALIZED/P/PLEPHF-NMR-20121204/INDEX.JHTML?WT.MC_ID=POG](http://www.hilton.com/en/hi/groups/personalized/P/PLEPHF-NMR-20121204/INDEX.JHTML?WT.MC_ID=POG)

Registration will be held at ClubSport, 5 to 7p on Wednesday, December 5th, 2012

Host Hotel

Hilton Pleasanton at The Club

7050 Johnson Drive, Pleasanton, CA 94568 - 925.463.8000 Code is NMR

Single/Double Occupancy Rate: \$95.00 plus tax (includes Breakfast)

Triple/Quad Occupancy Rate: \$105.00/\$115.00 (includes Breakfast)

Deadline for these rates is November 20, 2012.

Registered Guests will be entered into a "FREE NIGHT" room lottery.



Host Club



Club Sport Pleasanton

7090 Johnson Drive, Pleasanton, CA 94568

925.463.2822

<http://www.clubsports.com/pleasanton>

Tournament Administration / Information

Registration Deadline(s):

Enter online at: <http://www.r2sports.com/tourney/home.asp?TID=9065>

Online registration end on Saturday, 11/17/2012 at 10:00 PM. (Central Time)

Call Steve at 714.767.4622 if you need assistance.

- Mail entries must be postmarked no later than Thursday 11/15/2012. Make check payable to: NMRA
Address completed entry form and fees to:
Steve Cohen, 5832 E. Bluebonnet Court, Orange, CA 92869
- Phone entries will be accepted through Saturday 11/17/2012 no later than 10:00 PM. (Central Time) and must be paid by credit card by calling Steve at 714.767.4622. Entries will not be accepted without payment for USA Racquetball (USAR) membership.
- Banquet will be at the Host Hotel on Friday, December 7, 2012. (6:00 Cash Bar, 7:00 – 9 PM, Dinner and Entertainment)
- Current NMRA membership is required for all EXCEPT Players who are playing in their FIRST NMRA event.
- This is a USA Racquetball sanctioned event and current USA Racquetball membership is required to participate. Entries will not be accepted without payment for USA Racquetball membership.
- Play begins every day at 8 am. Every bracket plays every day (Thursday – Saturday).
- We will schedule Saturday last matches to start not later than 5 pm.

Travel Information

There is no host hotel van service from the airport.

There is hotel van service from the BART Station

Car Service: Receive a 10% discount when you make a reservation with Tri-Valley Airport Transportation Services provides transportation to all the bay area major airports (SFO, SJC, and OAK) 925-227-1234 Make your reservation online at <http://www.trivalleyairportservice.com> and use the discount code NMRA in the Other Notes/Special Requests and Promo Code areas.



Travel Information continued...

Late models, Lincoln Town Cars are available for airport transfers and charters. They seat up to 4 passengers in luxurious comfort. CD/Radio, Leather seating.

Bay Area Rapid Transit (BART) 8 am till 11 pm 7 days a week (510-465-2278)

BART is the fast, easy and inexpensive way to get around from Oakland International Airport and San Francisco International Airport. You can find the fare from any BART Station to any other station using the BART QuickPlanner

<http://www.bart.gov/>



Metropolitan Oakland International

(Distance from Hotel: 20 mi.) Drive Time: 17 min. Take 880 South to 238 East to 580 East, exit at Hopyard and turn right onto Owens. Then turn right onto Johnson Drive, the hotel is on the left.

Taxi - \$70.00; BART Subway/Rail \$6.35; Limousine \$110.00; Super Shuttle \$85.00

San Francisco International Airport

(Drive Time: 50 min.) Distance from Hotel: 40 mi. Take 101 South to 92 East towards San Mateo Bridge, to 880 North, to 580 East, to Hopyard exit. Then turn right on Hopyard, then turn right on Owens, turn right on Johnson Drive to the Hotel.

Super Shuttle 100.00 USD;
Limousine 130.00 USD; Taxi 110.00 USD;
BART Subway/Rail BART \$7.65



www.CaliforniaRacquetball.org

continued ➤

continued on page 6 ➤



LIMITED TO FIRST 100 ENTRIES



NMRA 2012 DOUBLES-ONLY CHAMPIONSHIPS

Registration Wednesday, Dec. 5th at ClubSport / Play Dec. 6-8, 2012 - ClubSport Pleasanton, California

Entry By Mail Must Be POSTMARKED No Later Than 11/15/2012

Online Entries Must Be COMPLETED BY 11/17/2012

Online entries at: <http://www.r2sports.com/tourney/home.asp?TID=9065>

HOST HOTEL: HILTON PLEASANTON (925) 463-8000 CODE NMR

[HTTP://WWW.HILTON.COM/EN/HIL/GROUPS/PERSONALIZED/P/PLEPHHF-NMR-20121204/INDEX.JHTML?WT.MC_ID=POG](http://www.hilton.com/en/hil/groups/personalized/p/plephhf-nmr-20121204/index.jhtml?WT.MC_ID=POG)

Name: _____

Address: _____

City/State/Zip: _____

Phone: Day _____

Night _____

Email: _____

DOB: m____ / d____ / yr____ Age on 12/6/2012 _____

Waiver: I hereby, for myself, my heirs, executors, and administrators, waive & release any & all rights and claims that I may have against the NMRA, USAR, ClubSport Pleasanton and their staff, and all sponsors or their respective agents, for any and all injuries or damages of any nature which I, my spouse or my guest(s) may incur as a result of my participation in this tournament. I also acknowledge the potential risk of eye injury during competition, and can certify in writing that my protective eyeguards (including prescription frames/lenses) conform with all standards specified in USA Racquetball Rule 2.5(a). By registering to compete in this event, I consent to and release all rights to the use of event photographs in which my image appears.

Signature: _____ Date: _____

ENTRY FEES: No refunds of any fees after 11/21/2012

First Event \$ 140 \$ _____

Second Event \$ 40 \$ _____

Guest* (daily hospitality & banquet) \$ 65 \$ _____

NMRA Membership ** (Total for 3 yrs) \$ 45 \$ _____

USAR Membership

(1 year \$50 or 1-time event \$10) \$ _____

Future Fund Donation: (\$25 increments) \$ _____

NMRA Junior Program: (\$10 increments) \$ _____

Total Due: \$ _____

* Guest(s) Name(s): _____

****Check here if your first NMRA tournament**

First time players do not have to join the NMRA.

SHIRT SIZE: MENS _____ WOMENS _____
S _____ M _____ L _____ XL _____ 2X _____ 3X _____

SATURDAY BOX LUNCH Preference:

Turkey, Tuna or Roast Beef _____

LIMIT OF TWO EVENTS

DOUBLES

	MEN	WOMEN	MIXED
40+			
45+			
50+			
55+			
60+			
65+			
70+			
75+			
80+			
85+			
90+			

DOUBLES PARTNER(S): Please print

Name/Div/Age Bracket: _____

Name/Div/Age Bracket: _____

____ Check if you need us to find a doubles partner.

Would you like to play a 2nd Doubles if someone needs a partner? Yes No

Would you like to play Mixed Doubles if someone needs a partner? Yes No

EMERGENCY CONTACT INFORMATION:

Name: _____

Phone: (_____) _____

PAYMENT: Send entry form & payment in U.S. dollars, made payable to **NMRA**.

Mail to: Steve Cohen, NMRA Treasurer
 5832 E. Bluebonnet Court, Orange, CA 92896

The National Masters Racquetball Association is a not for profit 501 (c) (3) organization of men and women racquetball players who are age 45 to 95+ years young. Visit us at nationalmastersracquetball.org

www.nationalmastersracquetball.org

Things to Do in the Pleasanton/San Francisco Area

By Elaine Dexter, Doubles-Only Tournament Coordinator

Welcome to *Pleasanton* and the *NMRA Doubles-Only* tournament! There are so many things to do in and around *Pleasanton* that we suggest you take a few extra days to see them. Below is an abridged list, but please ask me and the other local area players for suggestions on sightseeing and dining for your non-court hours. Below are some excellent ideas you might want to check out during the tournament.

Climate: Average high temperature 65, average low 42 for November

City of Pleasanton: There are several local web pages for visitor information.

<http://www.trivalleycvb.com/>

<http://www.pleasantondowntown.net/>

Downtown Pleasanton is about a 10-minute drive from the club and host hotel, but the hotel has a shuttle, of course. My personal choices would be the walking downtown self-tour, which will feature most of Pleasanton's best restaurants,

<http://www.pleasantondowntown.net/pdfs/WalkingTourGuide.pdf>

an interesting museum in downtown *Pleasanton*,

<http://www.museumonmain.org/>

and the Saturday morning *Pleasanton Farmer's Market*, also right downtown

The *Pleasanton/Livermore* area has several local wineries:

<http://www.mitchellkatzwinery.com/>

<http://www.rubyhillwinery.net/>

<http://www.wentevineyards.com/>

Fremont is only a 20-minute drive to see the *Mission San Jose*

<http://www.missionsanjose.org/>

BART (Bay Area Rapid Transit) is less than 5 minutes from the club and host hotel.

This train conveniently takes travelers to many destinations, including *San Francisco*.

City of San Francisco

There are endless attractions to see in the city of *San Francisco*, and for those who have never been to SF, this would be the city to see while visiting this area, a few highlights listed below:

- The *Forty-Niners* host the *Miami Dolphins* on Sunday, December 9 at *Candlestick Park* at 4:00 pm!
- Alcatraz
- Pier 39
- Coit Tower
- Chinatown
- Golden Gate Bridge
- North beach
- the list goes on.....

Napa Valley Wine Country

Beyond *San Francisco* to the north are the *Napa* wineries.

San Jose and South

San Jose and the *Silicon Valley* are less than a one-hour drive south of *Pleasanton*

South of *San Jose* is *Santa Cruz*, a well known beach site and refuge of many hippies still living in the 1960's.

The Pacific Coast Highway is a legendary drive that leads down past *Los Angeles* and to *San Diego* and beyond. It is best enjoyed when you take two or three days to enjoy all of the scenery, *Monterey*, *Carmel*, *Big Sur*, the *Hearst Castle*, *Pismo Beach*, *Morrow Bay*, *Solvang*, the *Sideways Wine Country*, *Ventura*, *Santa Monica*, and all of the beaches down to *Orange County*.

With so much to do, you will definitely want to come back soon. Make sure you bring your racquet. ○

NMRA 2012 Doubles Championships INFORMATION SHEET

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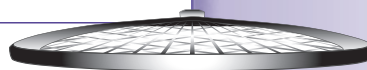
Tournament Scoring/Award Rules:

- *Ektelon Classic Black Ball* is the Official Ball of the *NMRA*.
- Every bracket will play two games to 15.
- Those 'pool play' brackets will have play off matches; two games to 15, tiebreaker to 11 if needed.
- The R2 system will automatically apply the bonus game and match points. Two extra points per game win and four extra points if you win a match. Ties split match bonus points.
- Self ref matches. Can't agree then PLAY IT OVER.
As a last resort go to the tournament desk and an observer may be assigned.
- Medals will be awarded to First – Fourth Place for each bracket. Combined brackets will be awarded medals based on individual age brackets.
- Age bracket 40-44 age will not receive *NMRA* medals.

Nearby Services:

Name	Distance	Head- ing
Alameda Fairground	4.0 MI	S
BART- Bay Area Rapid Transit	1.9 MI	E
Black Hawk Museum	8.0 MI	N
Bridges Golf Course	8.8 MI	N
City Center	5.0 MI	SE
Concannon Winery	11.9 MI	
Historic Downtown Pleasanton	4.0 MI	SE
Lake Del Val State Park	8.0 MI	E
Livermore Wineries	12.0 MI	E
Mitchell Katz Winery	10.7 MI	
Mount Diablo State Park	12.0 MI	N
Napa Valley	50.0 MI	
Palm Event Center	7.5 MI	SE
Poppy Ridge Golf Course	10.0 MI	E
San Francisco	35.0 MI	W
Stoneridge Mall	1.7 MI	W
Sunol Golf Course	6.0 MI	S
Wente Vineyard	15.6 MI	SE

MI=miles



EKTELON & RUBEN GONZALEZ HAVE DONE IT AGAIN!

Introducing a new lighter and even more powerful
version of the most popular racquet of 2011!



NEW!

EXO³ RG TORON LITE

Ektelon's lightest and most powerful racquet ever!
Ultra light 160 gram frame.
4300 Power Level - **our highest level ever!**
Headcover included.



"I switched to this racquet in mid season
and one week later won the first IRT Tier 1
event of my career. I feel like I have a new
weapon in my hand. It feels so light and the
extra power is amazing!"

-Jose Rojas - IRT #4

**CONTACT YOUR LOCAL
AUTHORIZED EKTELON
DEALER TO DEMO AN
EXO³ RG TORON SERIES
RACQUET TODAY!**

EXO³ RG TORON

The most powerful racquet of 2011!
Awesome power and vibration dampening.
170 gram frame.
4200 Power Level.

EKTELON
PLAY WITH FIRE

WWW.EKTELON.COM

NMRA TOURNAMENT RESULTS International Championships

Raleigh, NC / Jim Elliott/Steve Cohen/Tom Curran, Tournament Directors

July 18-21, 2012

Division	Place	Names	State	Points
M45	1	Frank Engel	NC	38.00
	2	Christopher Johnson	NC	30.80
	3	Kenneth Young	NC	29.80
	4	Jack Zollo	NY	20.00
	5	Richard Anderson	AZ	14.20
	6	Carlos Wilderbrathwaite	VA	9.20
M50	1	Wes Snead	NC	37.00
	2	Mike Adams	NC	35.63
	3	Glenn Leib	PA	33.50
	4	Donald Shannon	NC	29.75
	5	Michael Limsy	MD	24.75
	6	Grant Hout	OH	19.50
	7	Willie Harden	MD	18.38
	8	Rob Romano, Jr.	FL	17.00
M55	1	Mike Grisz	TX	36.38
	2	Rick Betts	CA	34.13
	3	Patrick Gibson	TX	34.00
	4	Tom Vincent	NC	29.75
	5	Jim Humphrey	NC	24.88
	6	Randy Godwin	AR	23.88
	7	Dan Nunn	NC	23.25
	8	Mike Robinson	NC	20.13
M60 Playoff	1	Frank Taddonio	AZ	36.17
	2	Howard Walker	TX	32.20
	3	Peter Popovich	NC	35.80
	4	Dan Hirlman	CA	33.20
	5	Doug Toth	NC	35.67
	6	Neil Eichelberger	PA	30.67
	7	Tony Alfaro	CA	28.83
	8	Whit Ayres	VA	25.60
M65	1	David Warner	MN	37.56
	2	Dan Jones	GA	36.33
	3	James Weathers	VA	29.78
	4	Jeffrey Hoffman	SC	27.78
	5	Fredrick Roe	CA	27.11
	6	Paul Saperstein	NC	26.55
	7	Robert Ferrara	MA	22.67
	8	Leonard Sonnenberg	CA	17.78
M70 Playoff	1	Mitch Milewski	NH	38.00
	2	David Zabinski	MN	38.00
	3	Howard Nellor	FL	33.50
	4	Bill Watkins	SC	32.60
	5	Jon Singer	PA	25.75
	6	Luis Guerrero	CA	29.40
	7	Jerry Raddatz	MN	22.20
	8	Samuel Johnson	NC	18.75
M75	1	Arthur Johnson	CO	38.00
	2	James Weeks	GA	29.40
	3	Jim Harper	IL	28.80
	4	Paul Banales	AZ	22.00
	5	Bob Baudry	LA	14.60
	6	Grant Morrill	PA	n/a
M80	1	John O'Donnell, Jr.	IL	38.00
	2	Ralph Carito	NJ	33.20
	3	Mike Martin	CO	23.00
M85	1	Dick Kincade	CO	27.60
	2	Hank Schone	CA	15.20
M95	1	Ben Marshall	TX	13.00

Division	Place	Names	State	Points
MD50	1	Bruce Bagwell / Ruben Gonzalez	ME NY	36.67
	2	Scott Kraemer / Leon Jackson, Jr.	WI FL	34.50
	3	Lars Cole / Tyrone Gillmore	VA VA	29.83
	4	Peter Alexander / Wes Snead	FL NC	26.67
	5	Michael Limsy / Eric Robinson	MD MD	23.67
	6	Roy Hare / Randy Godwin	VA AR	20.50
MD55	1	Mark Baron / Mike Grisz	VA TX	38.00
	2	Bruce Bagwell / Ruben Gonzalez	ME NY	33.40
	3	Gary Jeral / Roger Humpton	MD DE	29.80
	4	Kenneth Weinstein / Warren Riecke	MD MD	23.00
	5	Bruce Adams / Lynn Stephens	OK NC	11.60
	6	Bill Spencer / David Dosch	VA VA	n/a
MD60	1	Russ Montague / Jim Elliott	PA AZ	36.33
	2	Dan Schaffer / Neil Eichelberger	PA PA	35.00
	3	Kenneth Weinstein / Warren Riecke	MD MD	29.33
	4	David Dosch / Price Thomas	VA CA	27.67
	5	Steve Littlefield / Tom Gerhardt	TX VA	20.83
	6	Frank Stevens / Richard Halpin	MA PA	14.33
	7	Tom Curran / Jim Gutierrez	NC CA	n/a

July 2012 NMRA Int'l Championship winners at NC State University, Raleigh NC

p8 — Barb Fischetti & Jack Zollo-XD45; Edgar McHenry & Don Kanefield-MD75; Dee Stribling-W60; Art Johnson-M75; Grace Jaworsky & Tyrone Gilmore-XD50; Handsome Guy in chair; Gladys Leonard-WD50 & Scott Kraemer-MD50, XD50; David Dosch & Price Thomas-MD60; Don Shannon-M50; Don Benson & Phil Wheeler-MD70; Busy at the desk.

p9 — Tina Marchie-W45, XD45; Mitch Milewski-M70, MD70; Wes Snead & Peter Alexander-MD50; The Wuffs with Taddonio, Newsome & Gonzalez; Julie Flanagan & Judy Flis-WD50; Bill Watkins-M70; NC State Racketball Team Members; Michelle Dorsey & Jean Halahan; Jane Hemby-W60; Peter Popovich & Dan Hirlman-M60; and Karen Simon, Melanie Newsome, Marquita Molina & Barb Fischetti.





Division	Place	Names	State	Points
MD65	1	Steve Meltsner / David Warner	CT MN	37.43
Playoff	2	Barry Hendricks / Jon Walker	AZ	37.00
	3	Mike Pawka / Ed Remen	CA NC	34.17
	4	Kevin Dorr / Dan Jones	ND GA	36.29
	5	Jerry Prentiss / George Betts	PA	31.83
	6	Kenneth Joy / Mike Damitz	NC	32.71
	7	Paul Saperstein / Les Schlanger	NC	29.67
	8	Wayne Toyne / James Weathers	VA	24.50
MD70	1	Phil Wheeler / Don Benson	VA VA	38.00
	2	Mitch Milewski / Luis Guerrero	NH CA	33.71
	3	Joseph Mulkerrin / Glenn Allen	VA	32.00
	4	John Eliot / Samuel Johnson	NC	29.14
	5	Arthur Johnson / David Rogers	CO IN	26.43
	6	Phil Pescarino / Steven Lavorgna	SC NJ	20.43
	7	Donald Kanefield / Edgar McHenry	MD	16.43
	8	Donald Sperber / John Peck	FL	n/a
MD75	1	Francis Florey / James Weeks	WI GA	38.00
	2	Ralph Carito / Michael Henchy	NJ GA	30.83
	3	Grant Morrill / Paul Banales	PA AZ	30.83
	4	Edgar McHenry / Donald Kanefield	MD MD	28.67
	5	John O'Donnell / Bob Baudry	IL LA	23.67
MD80	1	Hank Schone / Mike Martin	CA CO	9.67
MD85	1	Dick Kincade / John Prigmore	CO KS	17.50
W45	1	Jean Halahan	NY	38.00
	2	Tina Marchie	NY	4.17
W50	1	Michelle Dorsey	FL	26.17
	2	Sharon McNeill	MD	16.50
W55	1	Karen Simon	NY	38.00
	2	Melanie Newsome	NC	32.50
	3	Barbara Fischetti	CT	29.67
	4	Joanna Nache	NC	27.67
	5	Karen Hill	NC	10.33
	6	Molly Mills-Hedgecock	NC	n/a
W60	1	Dee Stribling	NC	18.13
	2	Jane Hemby	TX	8.00
W65	1	Merijeau Kelley	CA	38.00
W70	1	Mildred Gwinn	NC	29.00
	2	Marquita Molina	CA	28.00
WD45	1	Jean Halahan / Sandy Rios	NY TX	35.00
	2	Tina Joslin / Thao Le	TX VA	20.40

Division	Place	Names	State	Points
WD50	1	Gladys Leonard / Sallie Benedict	VA MD	35.60
	2	Judith Flis / Julie Flanagan	PA VA	30.00
	3	Grace Jaworsky / Carolyn Foster	MO NE	24.20
WD55	1	Carmen Alatorre-Martin / Leslie Pawka	VA CA	35.38
	2	Melanie Newsome / May Barber	NC VA	24.63
WD60	1	Nancy Kronenfeld / Merijeau Kelley	IL CA	34.38
	2	Vickey Utter / Dee Stribling	NC NC	15.00
WD70	1	Mildred Gwinn / Marquita Molina	NC A	19.88
XD45	1	Lars Cole / Thao Le	VA VA	38.00
	2	Eric Robinson / Tina Joslin	MD TX	29.50
	3	Barbara Fischetti / Jack Zollo	CT NY	22.17
	4	Richard Anderson / Tina Marchie	AZ NY	13.50
XD50	1	Scott Kraemer / Gladys Leonard	WI VA	38.00
	2	Anita King / Howard Walker	TX TX	33.40
	3	Grace Jaworsky / Tyrone Gilmore	MO VA	32.67
	4	Rick Betts / Cindy Tilbury	CA CA	31.78
	5	Leon Jackson, Jr. / Julie Flanagan	FL VA	28.00
	6	Judith Flis / Roy Hare	PA VA	27.11
	7	Sharon McNeill / Kenneth Joy	ND NC	24.00
	8	Curtis Perry / Sandy Rios	DC TX	23.67
XD55	1	Mark Baron / Sallie Benedict	VA MD	38.00
	2	Carmen Alatorre-Martin / Patrick Gibson	VA TX	35.67
	3	David Nelson / Susan Schatz	MN MN	23.33
	4	Lynn Stephens / Mary Kirchoff	NC NC	22.83
	5	Bill Spencer / Joanna Nache	VA NC	13.50
	6	Molly Mills-Hedgecock / Thomas Broadwater	NC NC	13.17
	7	Karen Hill / Michael Honea	NC TX	8.83
XD60	1	Frank Taddonio / Nancy Kronenfeld	AZ IL	38.00
	2	Kevin Dorr / Carolyn Foster	MD NE	30.29
	3	Thomas Curran / Vickey Utter	NC NC	25.14
	4	Tony White / May Barber	AL VA	24.60
XD70	1	Lola Markus / Michael Henchy	IL GA	16.17

NMRA 2013 National Championships

March 6 - 9, 2013 www.nationalmastersracquetball.org

TUCSON TOURNAMENT INFORMATION SHEET

Tournament Directors / Staff Howard Walker 682.365.3655 hwrball@aol.com
Cindy Tilbury 303.888.4461 cindy.tilbury@att.net
Steve Cohen 714.767.4622 nmra_treasurer@yahoo.com - Registration
Tom Cain - On-Site Host
Panel of Three Members - Rules Committee

Primary Host Club



Tucson Racquetball & Fitness Club - 11 Courts
4001 North Country Club, Tucson, AZ 85716
520.795.6960 <http://www.tucsonracquetclub.com>

Bring a towel and a lock; Towel service available at a \$1 fee
Full use of the club 24 hours a day is available for participants and spouses
Practice courts available on March 5, except during registration time

Secondary Host Club



University of Arizona - 8 Courts
1400 East Sixth Street, Tucson, AZ 85721
Kaila 520.621.9540 <http://campusrec.arizona.edu>
Bring a towel and a lock; Towels may be available
Use of club is limited to practice (March 4 and 5), match play and watching

Host Hotel



Doubletree Tucson Reid Park
445 South Alvernon Way, Tucson, AZ 85711
Call 520.881.4200 to Register Request the NMRA Discount
Tom Lewis, Sales
\$109 Per + Tax Night Regular Room (Up to 2 People)
\$10 More For Each Additional Person
Rates available until February 8, 2013, but please reserve early
Rate includes full hot breakfast, wireless internet access, upgraded Hilton bedding, parking, mini-refrigerator, fitness center, more
RV parking is free in a designated area of the parking lot, without hookups
Registered guests will be entered into a "free night" lottery.
http://doubletree1.hilton.com/en_US/dt/hotel/TUSBDT-DoubleTree-by-Hilton-Hotel-Tucson-Reid-Park-Arizona/index.do

Enter Online Enter online by February 23, 2013, at <http://www.r2sports.com/tourney/home.asp?TID=10287> First event--\$140 Second event--\$40 Guests \$65 for the week. You may request a doubles partner and/or roommate and we will do our best to accommodate you.

Enter via US Mail Fill out the entry form at www.nationalmastersracquetball.org (Tournament Info page). Mail completed entry form and fees by February 18, 2013, to: Steve Cohen, 5832 E Bluebonnet Court, Orange, CA 92869

Nearest Airport Tucson International Airport (TUS)
7250 South Tucson Road, Tucson, AZ 85706
I-10 and I-19, Tucson, AZ - Make your reservations early

Airlines Flying into TUS	Aeromexico	Continental	Express Jet	Southwest
	Alaska	Continental Express	Frontier	United
	American	Delta	Jet Blue	US Airways

Alternate Airport Phoenix Sky Harbor (PHX)—2 hours north of Tucson

Airport Taxi / Shuttle Not provided; Airport shuttle service available for a fee. **Suggestions:**
Alpha Cab 520.322.0868 World Express Service 520.445.3791
Discount Cab 877.539.5607 Scotty VIP Cab Company 520.445.3733
Tucson & Phoenix Express 520.622.6262
Yellow Express Cab 520.300.6585

Shuttle to Clubs Shuttle van provided from host hotel between clubs

Parking at Host Clubs

Tucson Racquet Club - Free
University of Arizona - Check www.r2sports.com for details before March 5, as parking pass may be required

Directions From Airport TUS to Host Hotel Doubletree <http://mapq.st/OGIjyq>

Less than 10 miles north of airport, or 17 minutes; Exit airport; Right onto Valencia 1.5 mi; Left onto S Alvernon Way for 2.4 mi Veer left; Continue on Alvernon for 3.1 mi

Directions From Doubletree Host Hotel to Tucson Racquet & Fitness Primary Club <http://mapq.st/QmHE5D>

5.5 Miles North of Hotel; North (right) onto Alvernon Way for 3.4 mi; Left onto E Fort Lowell Road for 1 mi; Right onto N Country Club Rd for 1 mi; Club is on the left

Directions From Doubletree Host Hotel to U of Arizona Secondary Club <http://mapq.st/Uk3yr3>

3.3 Miles West of Hotel; North (right) onto Alvernon Way for .4 mi; Left (west) onto E Broadway Blvd for 2 mi; Right (north) onto N Campbell Ave for .4 mi; Left (west) onto E 6th St for .4 mi; Club is on the left

Directions From Tucson Racquet Primary Club to U of Arizona Secondary Club <http://mapq.st/RvKmuq>

4.9 Miles South West of Primary Club South on N Country Club Road for 1 mi Right (west) onto E Fort Lowell Road for 1 mi; Left (south) onto N Campbell Ave for 2.6 mi; Right (west) onto E 6th St for .4 mi Club will be on the left

Tournament Check-In Tuesday, March 5, 2013, 5 to 8 pm at the Doubletree (Check www.r2sports.com for venue changes)

Play Begins / Ends 8 am Wednesday, March 6, to 5 pm Saturday, March 9, 2013
Every division plays every day (Wednesday through Saturday). Please show consideration for all players and remember that we play every bracket every day of the event. Schedule your travel arrangements accordingly. Courts will be available at the Tucson Racquet club 24 hours per day. ID/ bagtag may be required at both venues.

Tournament Ball Ektelon Classic Black is the official ball of the NMRA.



NMRA NATIONAL CHAMPIONSHIP

MARCH 6 - 9, 2013

TUCSON RACQUET and FITNESS & UNIVERSITY of AZ, at TUCSON, AZ

Entry by Mail Must Be POSTMARKED NO LATER THAN: 2/18/2013

Online Entries Must Be COMPLETED BY: 2/23/2013

Online entries at: <http://www.r2sports.com/tourney/home.asp?TID=10287>



Please Print — Be Legible, Complete & Accurate

Name: _____

Address: _____

City/State/Zip: _____

Phone: Home _____

Work _____

Cell _____

Fax: _____

Email: _____

DOB: m____ / d____ / yr____ Age on 3/6/2013 _____

Waiver: I hereby, for myself, my heirs, executors, and administrators, waive & release any & all rights and claims that I may have against the NMRA, USAR, the TRFC and U of AZ and their staff, and all sponsors or their respective agents, for any and all injuries or damages of any nature which I, my spouse or my guest(s) may incur as a result of my participation in this tournament. I also acknowledge the potential risk of eye injury during competition, and can certify in writing that my protective eye guards (including prescription frames/ lenses) conform with all standards specified in USA Racquetball Rule 2.5(a). By registering to compete in this event, I consent to and release all rights to the use of event photographs in which my image appears.

Signature: _____ Date: _____

ENTRY FEES:

First Event \$ 140 \$ _____

Second Event \$ 40 \$ _____

Spouse/Guest(s)* (Each) \$ 65 \$ _____

NMRA Membership ** (3 Years) \$ 45 \$ _____

USRA Membership (1 Year) \$ 50 \$ _____

NMRA Future Fund Donation (\$5 increments): \$ 5 \$ _____

Total Due: \$ _____

* Spouse/Guest(s) Name(s): _____

****Check here if your first NMRA tournament**
First time participants do not have to join the NMRA,
but we hope you do.

SHIRT SIZE: MEN _____ OR WOMEN _____
S _____ M _____ L _____ XL _____ 2X _____ 3X _____

PAYMENT: Send entry form & payment in U.S. dollars, made payable to **NMRA**. Mail to:

Steve Cohen, NMRA Treasurer
5832 E. Bluebonnet Court,
Orange, CA 92896, 714.767.4622

NO REFUND OF ANY FEES AFTER 3/1/2013

Please provide Emergency Contact Name and Phone Number:

Name _____

Phone # _____

SINGLES

DOUBLES

MEN	WOMEN		MEN	WOMEN
		45+		
		50+		
		55+		
		60+		
		65+		
		70+		
		75+		
		80+		
		85+		
		90+		

MIXED

	45+		70+
	50+		75+
	55+		80+
	60+		85+
	65+		90+

DOUBLES PARTNER(S): Please print

Name / Age Div: _____

Name / Age Div: _____

I need a: _____ Doubles Partner _____ Roommate

The National Masters Racquetball Association is a not for profit 501 (c) (3) organization of men and women racquetball players who are age 45 to 95+ years young. Visit us at nationalmastersracquetball.org

Tournament Scoring All round robins, self-refereed matches; Every division will play two games to 15. Large "pool play" divisions will have Saturday playoff matches. Playoff format will be two games to 15, tiebreaker to 11 if needed. Bonus points are awarded for winning games (2 per game) and the match (4). Ties will split the extra four match points. Points are automatically calculated by the R2sports tournament software. When any team or player must forfeit, average scores will be used to determine final results of the division or pool. If a forfeit occurs during a match, the opposing team or player will be awarded points required to finish the match. In rare circumstances, a "watcher" may be requested of the tournament director to settle disputes.

Appeals The NMRA has a rules committee that can be used by the players to submit an appeal on a rule or issue that arises during the event. The decision of the rules committee is final and binding on all parties concerned.

Tournament Awards NMRA medals will be awarded to First through Fourth place winners for each bracket. Combined brackets will be awarded medals based on age.

Eligibility USAR-sanctioned; Current USAR membership is required to participate. Entries will not be accepted without payment for USAR membership. NMRA membership is required for all EXCEPT players who are playing in their FIRST NMRA event. Special recognition and gift for first-time players and new NMRA members.

Breakfast / Morning Hosp. Full hot breakfast is included in the price of the host hotel. Fruit and drinks available at both clubs..

Lunch Available at both clubs; Tucson Racquet will collect tournament dollars for their menu items; University of Arizona will collect tournament dollars for buffet and evening hospitality. Check for details during the tournament.

Evening Hosp. Available at both clubs—not a substitute for dinner.

Banquet Friday night, March 8, 2013, at the Doubletree Hotel
Cash bar at 6:30 pm; Dinner and program from 7 to 10 pm or so
Videos, slide shows and possible awards presentations are customary

Tucson Activities and Attractions Golf, hiking, biking, birding, horseback riding, shopping, Saguaro National Park, Arizona-Sonora Desert Museum, Kitt Peak National Observatory, Kartchner Caverns State Park, Mission San Xavier del Bac, Pima Air and Space Museum, Arizona State University Museum/Historical Society, Cactus League Spring Training, Symphony, Gaslight Theatre

RV Parks There are several RV parks with hookups near the host hotel.
<http://mapq.st/SCMTOc>

Doubles Partners Contact Cindy Tilbury for a doubles partner or roommate cindy.tilbury@att.net or 303.888.4461

Player Profiles It is extremely important that you keep your player profile, including shirt size, up-to-date in the www.r2sports.com system. The profile is used to help you enter tournaments online and, more importantly, to contact you with the latest tournament information and changes when you enter tournaments. This profile is the same as your www.usra.org and www.nationalmastersracquetball.org profile. Contact the USAR staff in Colorado Springs at 719.635.5396 if you need a little help getting started or remembering your password for this feature.

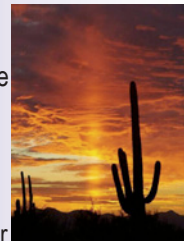
Average Temperatures Tucson in March – High 74° F – Low 48° F – Average 61° F Precipitation .8 Inch

Things to Do During the NMRA 2013 Championships in Tucson, Arizona

By Ed Messing, Tucson Native and NMRA Member Paul Banales' Son in Law
Reprinted from the Fall 2010 RacquetRacket

Activities and Attractions

When visiting Tucson in March, the question isn't "What is there to do?"; the question is "What should we do next?" Blessed with fantastic weather in an unparalleled setting, Tucson has something for everyone. Nestled between four beautiful mountain ranges, Arizona's oldest city (the "Old Pueblo") offers a rich history and a great variety of activities for every interest.



Outdoor Activities

Bring your clubs--dozens of great golf courses will test your skill. Within easy walking distance of the host hotel is the Randolph Golf Complex, which offers 36 holes of championship golf at one of America's "Top 50 Municipal Courses."

Bring your cameras and binoculars--hiking and superb birding opportunities abound within a very short drive. Ranging from leisurely to challenging, desert to alpine, over 100 miles of hiking / biking / horseback-riding trails radiate from the Tucson valley.

Nature and Science

Visiting the internationally-acclaimed Saguaro National Park, Arizona-Sonora Desert Museum, Kitt Peak National Observatory and Kartchner Caverns State Park will instill a sense of wonder and curiosity about the desert and universe in which we live. All are an hour or less drive from town.

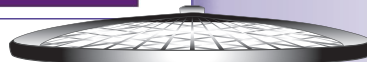
History and Culture

Mission San Xavier del Bac and the Pima Air and Space Museum are don't-miss attractions that frame Tucson's history. On the University of Arizona campus, you will find the Arizona State Museum and Arizona Historical Society, which complete a 10,000-year journey.

Entertainment and Dining

From Cactus League Spring Training and a hot dog, to a Symphony Concert and five-star dining, a Gaslight Theatre melodrama with a sundae, or great Mexican food with mariachi music, the combinations are endless.

Of course, you can just hang out by the pool and enjoy the desert sunshine. Whatever sounds the most fun is for you to decide. ☺



NMRA Signs New Three-Year Ektelon Ball Contract

By Howard Walker, NMRA President

We are excited to announce that the NMRA will continue to play with the *Ektelon Classic Black* racquetball for our tournaments for the next three years.

Except for a minor production delay during the *Prince Sports* bankruptcy/reorganization, we have been thrilled with the black ball and *Ektelon*. We had enough balls to run our July 2012 tournament in Raleigh, but we apologize to our tournament participants for the difficulty getting the black ball while preparing for that tournament. *Ektelon* spokesperson **Aimee Ruiz** assures us that they are totally back on track, ready for business. Below is the press release.

EKTELON BALL CONTRACT EXTENDED FOR 3 YEARS

The NMRA and *Ektelon* have signed a new three-year contract. This comes after *Ektelon's* recent reorganization. Technically, *Ektelon* is a new company, thus making old contracts null. Our relationship with *Ektelon* has always been a win/win for both organizations, so negotiations were quite simple and fast.

The NMRA will continue to use the *Classic Black Ball*, developed for us, and we consider it the best ball on the market.

We will continue to receive high end racquets and gear for our auctions, give away, and to donate to our tournaments local school teams and junior programs.

The contract was signed at the *U. S. Open*, with **Aimee Ruiz**, Promotions Manager at *Ektelon*, **Howard Walker**, President, NMRA, and **Cindy Tilbury**, Vice President, NMRA.

Many thanks to Aimee and **Scott Winters** at *Ektelon* for their continued support of the NMRA and racquetball in general. ○



Sometimes Things Just Have to Change... Even Website Names.

By Tom Curran, NMRA Webmaster

As most of you already know, we experienced a problem that began a couple of months ago with our old website name (they call it a 'domain name' in the industry).

Here is how it works. You have an idea for a website and the first thing you have to do is come up with a name for your site. Once you have decided on a name, you have to go to a domain name provider to see if that name is available. If not, then you have to change the name until you come up with one that no one else 'owns'. You don't actually 'buy' the name, but you can rent it and continue to rent it until you decide to (or forget to) not pay the rental fee.

We had the www.nmra.info domain name for a long time--about 8 years--and each year we would renew the rental with the company that 'owned' the name.

This year, through a number of errors, we did not get the name renewed in time and it was 'rented' by someone else. We don't know who (except that it appeared to be an Asian person or business, since it was all written in characters and not the alphabet).

We made several attempts to buy the name back, and after several attempts, we were able to get our name back. Before we knew we would be successful, we had to make other plans so we could get tournament information out to you, the members. As a result, we had to change the name of the website and were lucky to have 'www.nationalmastersracquetball.org' available as a name.

We know this is a lot to type, but it does not allow for the kinds of confusion our old site name did. Don't believe me? Try to find a website just using the initials "NMRA" and see how many options you get. Usually, with NMRA you were brought to a list that started with the *National Model Railroad Association*. Anybody ever have someone ask you how long you have been a member of the *National Rifle Association* when they see you in a shirt with just our initials? I have-lots of times.

Once we got the new name for the website, it took about three days to get all of the content on the old site coded so the new site would recognize it. We also had to check each of the links as they were updated to ensure they worked. Again, this took time.

But the end result is a new website name to one of the oldest racquetball organizations in our sport.

Shortly after I did all of that work, we found out that we had regained the use of www.nmra.info. We now have both names available, and if you type in www.nmra.info, you will be taken to the new site automatically.

We hope that you will visit the new site: www.nationalmastersracquetball.org, and 'bookmark' the site to your internet browser, or, better yet, save the site in your 'favorites' file. This way you won't have to type it in each time you need to visit the site.

Speaking of which, please do visit the site often. We try to keep it updated with the most recent news related to the NMRA and the details of our upcoming tournaments and the results from our last tournaments.

We also have a *FaceBook* page which we hope you will visit and 'LIKE'. If you are a *FaceBook* user, just do a 'search' for *National Masters Racquetball Association* and it will bring you to our *FaceBook* page. Or use this link: <http://www.facebook.com/groups/191509017552909/> You can thank **Howard Walker**, NMRA President, and member with so much time on his hands he spends most of it on *FaceBook* (☺).



Your Prescription Eyeguard and Eye Safety Questions Answered

By Dr. Michael Stoner, Optometric Physician

(541) 401-4649 advancedfamilyeyecare@comcast.net

At a recent Senior/Master racquetball tournament, I was asked to shed some light on eye safety for racquetball players. I am sure you all have had these same questions. If you have other concerns, please contact me.

When do I need prescription racquetball safety glasses?

If you can play racquetball without wearing your prescription glasses comfortably, prescription racquetball safety glasses are not necessary. Myself, I require prescription glasses to see clearly in the distance so I wear contact lenses with regulation racquetball glasses approved by the *USA Racquetball Association*. There are many safety frames approved for racquetball that prescription lenses may be added. If you cannot wear contacts and glasses are your only option and you are not comfortable playing without seeing your best, then prescription safety frames that are approved should be worn. Studies show that when you see your best, you can react quicker. Recognizing what the ball is doing is essential in giving yourself the best chance of getting to the ball.

Are they expensive?

Safety glasses for racquetball with prescription added requires an eyecare professional to determine what Rx will help you see your best. The racquetball glasses can vary from mid 150.00s to 500.00. The lenses will be made of a special material called polycarbonate, which can withstand even the hardest-hit racquetball hitting the lenses. Polycarbonate lenses can also withstand anyone's hardest swing of a racquet and not break. This type of lens is critical to protect the eye. When the glasses are hit with a ball or racquet, a substantial bruise will occur around the eye, but the eye itself will be protected.

Can I just send you my prescription and payment and get great pair of eyeguards?

Yes. However, it is best to try on a frame so as to make sure it fits properly. Improper fitting glasses may not protect the eye adequately.

What can happen if I don't wear eyeguards? What do racquetballs do to an eye when it is hit very hard?

When a racquetball hits the eye, a tremendous amount of increased pressure occurs. If you were to squeeze a grape between your thumb and finger, eventually the outers skin of the grape tears. This type of tear can also happen to the eye. If it does, new blood vessels grow and cause extensive bleeding and, most likely, eyesight loss. Retinal detachments are also common when a racquetball hits the eye. When a retinal detachment occurs, the retinal cells pull away from the back of the eye and therefore lose the ability to collect light. When this happens, eyesight loss is noticed. Surgery can help put the retinal cells back on the back of the eye and restore function; however, eyesight loss usually occurs. Another type of injury that can occur and is most common when the eye is hit with a racquetball is iritis. Iritis is a swelling of the iris muscles—the color part of the eye. When this occurs, it becomes very painful to have the eye open, due to severe sensitivity to light. Every time light enters the eye, depending on how bright or dark it is, the iris muscles change to regulate the amount of light entering. When the iris is swollen,

any movement causes severe pain. Sometime the iris muscles will tear and bleeding occurs in the front chamber of the eye. If bleeding occurs, eye pressure can increase and cause something called traumatic glaucoma. If the pressure stays high for too long, permanent eyesight

loss will occur, due to optic nerve damage. So to keep things simple, always always wear safety-type racquetball glasses and none of the above potential eyesight loss complications will occur.

What are your favorite eyeguards (brand)?

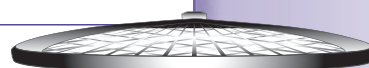
I personally do not like any of the approved safety glasses that the *USA Racquetball Association* recommends. Oakley makes wonderful glasses that exceed the normal requirements for safety. They wrap with the face like many of the non-prescription safety glasses, which helps with peripheral vision. Most of the approved *USA* racquetball glasses do not wrap or curve with the face. This inhibits peripheral vision, and in some cases, only allows one eye to see the ball as it is coming toward you, where your head and body are turned in preparation to hit the ball. I hate not seeing the ball with both eyes and wrapped glasses reduce this effect substantially. The bottom line is—all the approved safety glasses will save your eyes from damage and eyesight loss. So if you require prescription eyewear, you must wear them and make the best of it. I am actively working to get approved by the *USA Racquetball Association* other types of safety glasses that have the wrapping attribute and the capability of protecting the eyes completely.

Have you seen bad racquetball-related injuries?

I have seen many types of impact eye injuries in 20 years of providing eye care. Whether it is a racquetball, BB, arrow, baseball, tennis ball, branch of a tree or a finger (to mention a few), all cause injury to the eye. In some cases, eyesight is completely restored and in others, there is permanent eyesight loss. Next time you play racquetball, try closing one eye for a few points. You will quickly realize that only having one eye makes it much harder to see the ball. Clarity and depth perception are reduced. As I mentioned above, studies show reaction time decreases when eyesight declines. Studies also show when depth perception is reduced, it becomes harder for you to tell how far away something is, which is kind of important in racquetball. Bottom line, wear safety glasses while playing racquetball and your eyesight and depth perception will be safe.



John Winings and Mike Stoner



Summer National Senior Games — Cleveland, Ohio: JULY 21-AUGUST 5, 2013

GET READY TO ROCK IN 2013!

The *National Senior Games Association* and the *Greater Cleveland Sports Commission* are excited to host the 2013 *Summer National Senior Games in Cleveland, Ohio!* **Joe Williams** of the *USA Racquetball Colorado Springs* office will be your racquetball tournament director for this event. He will make sure you have a great time.

Cleveland is a world-class city that will greet the *Summer National Senior Games* with open arms and a commitment to making this a great and memorable event for all. The medal-contending competitions are free for spectators with the majority to take place in Cleveland's vibrant Downtown at our state-of-the-art facilities that include *Cleveland Public Hall*, *Cleveland State University*, *Case Western Reserve University*, *Victory Park Ohio* and the beautiful shores of *Lake Erie*.

Enjoy easy access and travel to the various sites through our *Regional Transit Authority (RTA)* system that will be ready to get you where you need to be with convenient connection points between sites (www.riderta.com). Don't miss out on the excitement between competitions and head over to the *AstraZeneca Athlete Village* and enjoy live entertainment, social events, food and fun while mingling with your peers from all across the *United States*. Be sure to keep checking our website for more details about the transportation plan and village activities!

In the meantime, we invite you to get involved! A Year of Vitality community programming series will also encompass the event, promoting active lifestyles for all with activities and educational opportunities. Kicking off in July 2012 and leading up to the Games, the series will include mostly free activities and special events for people over age 50. For more information on how to participate, visit www.Cleveland2013.com.

Discovering Cleveland, Ohio!

Whether you're a seasoned Cleveland visitor or if this will be your first trip, we are thrilled to welcome you and are ready to help you discover our great city!

continued ➤

Editor's Corner — NMRA Online Store is Open for Business at www.racquetspot.com!

By Cindy Tilbury



Okay, everyone! You have been asking for NMRA-logoed apparel and other items. You can now get your fill of NMRA merchandise. We recently struck a deal with 3xtremesports.com's **Darjon Bittner** (who also owns *RacquetSkinz*) to provide our organization with NMRA apparel, leftover tournament souvenirs, and other goodies.

We are really excited about the custom shirts, shorts, hats and other items that will be available for sale online. You

will be able to order your shirts/shorts/skirts plain or with as many logos as you want. For instance, if you are sponsored by *Wilson* and you are an NMRA player, you can have both logos on your clothing item, and maybe the word "Racquetball" would be great too. Two of the original NMRA designed shirts are shown here.

My favorite thing is our new set of stickers. We will offer NMRA logo stickers for your car or wherever you want to stick them, and we are introducing the *Racquetball Stick Family* for your car's back window! You can purchase each figure and set of words individually and group them on your window. You will now be able to show the people in your racquet club parking lot what your family loves. We think these stickers are going to be big. Be the first in your area to show them on your car. NMRA member **Anita King** developed these fun characters for us, and she is working on a racquetdog and Spanish "*Familia de racquetbol*" stickers for the many Spanish-speakers who love our sport.



Another great feature of our online store is that overstocked tournament souvenirs will be available for sale online shortly after our tournaments. We will no longer have to ship our leftovers to the next tournament in hope that they get sold. Everything (and its size) will be listed on the website for sale.

Contact **Howard Walker** or **Darjon Bittner** if you have questions on the new NMRA Online Store, or visit www.racquetspot.com and choose the NMRA area in which to shop.



We believe Cleveland has something to offer everyone and are confident you will enjoy your stay here. Whether catching an Indians game at *Progressive Field*, exploring the *Rock and*

Roll Hall of Fame and Museum or enjoying a show at *PlayhouseSquare Theater*, we invite you to take advantage of everything our community has to offer. Sightseeing opportunities are plentiful with the beautiful beaches along *Lake Erie*, hiking and biking trails in the *Cleveland Metroparks* and city tours that allow you to absorb the city's beautiful architecture and public art. Cleveland's outstanding entertainment options, fine dining, museums, great shopping and so much more await your arrival! Learn more at www.cleveland2013.com.

REGISTER NOW FOR A STATE GAME IN YOUR AREA TO QUALIFY FOR THE 2013 SUMMER NATIONAL SENIOR GAMES AT www.nsga.com.

NMRA Future Fund Donations – 2012

By Tom Curran, NMRA Future Fund Administrator

I wanted to take this opportunity to thank the members of the NMRA who have supported, through financial contributions, the NMRA Future Fund (Foundation) in 2012.

I am not reporting on the amount that each of these folks contributed because that is not what is important; what is important is that they took the time and made the effort to give to ensure the future of the NMRA and the sport of racquetball.

Steve Cohen
Kevin Dorr
Mike Hiles
Ben Marshall

Stephen Stack
Frank Stevens
Jack Zollo

Glen Allen
Rick Betts
Chris Poucher

Tom Curran
Amos Rosenbloom
Dick Kincade

Over the years, we have had a number of folks donate to the *Future Fund (Foundation)* and they are identified on the NMRA website (www.nmra.info) under the Future Fund page with the details of their contributions.

If you visit the site and check out the names of those over the past 10 years who have given to the fund, you see that a number of them are no longer with us and yet, some of those members remembered us in their estates as well.

We encourage all of our members, especially during 'tax' season, to consider making a donation to the fund and giving serious consideration to remembering the NMRA in our estates. The NMRA and the fund is a 501(c)(3) charity and all donations are fully tax deductible.

If you have any questions, or want to make a donation, my contact information is below:

Tom Curran, Executive Director
NMRA Future Fund (Foundation), 1015 Cardinal Drive (NW), Wilson, NC 27896
tcurren@nationalmastersracquetball.org

Raleigh NC State July 2013 Tournament Sponsors

Ektelon	NMRA Tour Sponsor
Wilson	Racquets for NC State Racquetball Team
RacquetSkinz	NMRA Tour Sponsor
NC State Campus Recreation	Facility Sponsor
Thor-Lo Socks	Player Gift
Back Yard Bistro	Food Sponsor www.backyardbistro.com
Vickey Utter	Most Excellent Human and NMRA Super Member
Gearbox	Racquets for NC State Racquetball Team
E-Force	Racquets for NC State Racquetball Team
NES	NMRA Tour Sponsor
Biltmore Estate Wines	Guest Gift
Sore No More	Player Gift
Ed Remen	Facility Sponsor and Racquetball Program Director
NC State's Mr. and Mrs. Wuff	Cooldest Wolfpack Couple Ever

Thanks to all of our sponsors and vendors.
We cannot put on a tournament without you!



NMRA Tidbits

By Cindy Tilbury

As usual, we had a few injuries during our Raleigh tournament in July. We tried to contact everyone as a follow-up, but we may have missed one or two. We wish all of our players a speedy recovery and we hope you'll be ready to play again in December or March.

The NMRA page on Facebook is going strong. While our www.nmra.info website was briefly taken over by someone else, the Facebook page was crucial for letting our players and members know what had happened and what we were doing about it. Thanks to all of you who participate! <http://www.facebook.com/#!/groups/191509017552909/>

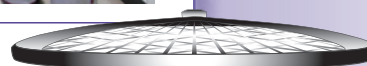
Correction: I incorrectly stated our sponsor's name in the last newsletter. NES is a high-level IT consulting company in Alexandria, Virginia, owned by **Andy Gomer**. The correct name is NES Associates, LLC. NES stands for Net-Centric Enterprise Solutions. Visit their website at www.nesassociates.com.

We are always looking for our next tournament venue. The more we move our tournament around the country, the more new members we attract to our special flavor of tournament experience.

The NMRA was proud to sponsor the NC State racquetball team with equipment and a cash donation. Our donation will help get the team to the 2013 USA Racquetball Intercollegiate Championships. Thanks to everyone who contributed specifically to the team, and to the equipment sponsors who were so generous to provide equipment and apparel.

If collegiate racquetball is one of your favorite causes, we welcome your donation at any time. When you sign up for an NMRA tournament, you are given the opportunity to donate to your favorite racquetball charity. The donation is tax-deductible, so give liberally!

Please vote in the NMRA paper or online election! Give the candidates your vote of confidence. All voters will be put into a prize drawing for NMRA-logo merchandise. The winner will be announced at the March, 2013, tournament banquet in Tucson, Arizona.



NMRA Raleigh Embassy Suites Room Lottery Winners

By Bruce Adams

As always, at our 2012 *International Championships*, we had a "free last night" lottery for our tournament participants who stayed at the host hotel—the Embassy Suites Creedmore in Raleigh, North Carolina. The lucky winners were:

May Barber	Barry Hendricks
Judy Flis	Sandy Rios
Mildred Gwinn	Karen Simons
Jim Gutierrez	John Peck

If you were the roommate of any of these players, you benefitted too! You don't have to do anything special to win—just stay at the host hotel, mentioned in the tournament information sheet on our www.nationalmastersracquetball.org site.

USA Racquetball Offers Discount for 65+ Members

The USAR recently announced they are offering discount USAR lifetime memberships to members who are 65 years old and older. If you plan to continue competing for a few years and want to help out the USAR financially, this might be the perfect opportunity for you.

For full details, and to get your questions answered, contact the USA Racquetball office. You can email [Jim Hiser at jhiser@usra.org](mailto:Jim_Hiser@jhiser@usra.org), or any of the helpful staff there.

NMRA Tidbits *continued...*

I love it when racquetball is shown on television. The new ABC TV show, 666 Park Avenue, has the two main characters playing racquetball in several episodes. Unfortunately, the older main character is probably the devil. Dang!

We recently got another great "tour" sponsor for the NMRA, and although he wishes to remain anonymous, he will read this newsletter and know that we are extra grateful. This sponsor wants to encourage and enable more women to play national tournaments, so we are offering a special for the March 2013 Tucson tournament where all new women NMRA players will receive a \$40 refund at check-in for their second division. Not only will the women get the refund, but also the person who brought them to us. We hope to make the tournament a little nicer, too. More details on that later.

WOR Junior Scholarship for Outdoor Championships

By Alex Montano

Thank you, NMRA and **Steve Cohen**, for hooking up my son, **Jaden Montano**, with an entry into the WOR Championships in July in Huntington Beach, CA. It worked! My son, Jaden, is hooked for life! He is already bugging me about participating in the next WOR tournament.

NMRA is the greatest! And thank you to **Brett Elkins** from Brentwood, California. If it weren't for his email, I would not have known there was a great organization like NMRA that would sponsor junior players.

Editor's Note: Steve Cohen asked the board if we would sponsor a few junior players for the WOR Championships and we agreed wholeheartedly. Even though we are not an outdoor racquetball organization, we encourage junior players to get involved in racquetball tournament competition in any form.



THEY ARE IN STOCK READY TO CUSTOMIZE



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WE HAVE EKTELON TORON FRAMES

WE HAVE ATTACK & ATTACK LITE FRAMES

WE HAVE EX03 RE-IGNITE FRAMES

WE HAVE 03 SPEEDPORT FRAMES

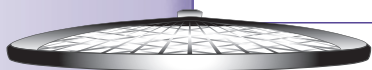
WE HAVE 03 WHITE FRAMES

WE HAVE 03 RG FRAMES

PICK YOUR DESIGN PICK YOUR WEIGHT

IF YOU HAVE QUESTIONS CALL US AT 972-291-8858

WWW.RACQUETSKINZ.COM



I Think I'm Turning Japanese... I Really Think So.

By Tom Curran, Pictures courtesy of Rebecca Curran Conklin

For those of you who might remember that 1980's hit song from *The Vapors*, I came as close as possible to it this past August. I was fortunate enough to actually do two things that I love--travel and play racquetball.

I was invited by **Kenji Yotsuya**, Director of the Japan Masters Racquetball Association to travel to *Niigata, Japan* and play in the *All Japan Masters Racquetball Championships*, August 25 through 26, 2012.

I had been planning to visit my daughter Rebecca, who lives in *Shanghai, China* and the opportunity to play in the event was just too much to pass up. Rebecca accompanied me for the long, four-day weekend in Japan. She needed a break from her duties with her startup company, *Peak Achievement*.

Peak specializes in personal tutoring and mentoring of elementary and high school students in China, preparing them for acceptance and success in High Schools (Boarding) and the top ten universities in the *United States*.

When we arrived via *China Eastern Airlines* from *Shanghai* into *Niigata International Airport* on Friday afternoon, we were met by Kenji and his wife **Setsuko**, who I was honored to have as my *Mixed Doubles* partner. Kenji told me that he would find me a beautiful mixed doubles partner and he delivered. Not only was she very pretty, she was a skilled player who carried me all the way to the finals in *Mixed Open*.

Once we got settled into the hotel, Rebecca and I were invited to a traditional Japanese dinner. We walked through the downtown of *Niigata* on a tour of the area on our way to the restaurant. When we arrived at the restaurant, I was treated to another surprise. **Kazuhiro Katagiri**, a player who has participated in *NMRA* events in *Champaign* (with Kenji) and in *West Allis, WI* was there to greet us.



The meal was amazing...and very traditional...and, of course, we had great *Japanese Beer* and *Sake*.

During the dinner, I took the opportunity to present to Kenji a *RacquetSkinz* racquet that was made with the logo and colors of *Japan*, complete with his name.

He was very amazed and honored to receive "such a gift from my friends in the *United States*". It was also a great opportunity to showcase *RacquetSkinz* to the *Japanese* players.

On Saturday morning, we checked out of the hotel and headed up the coastline of the *Sea of Japan* on our way to the courts at the *DASH Athletic Club* in the suburbs of *Niigata*.

The facility was really nice with four glass-backed courts in excellent condition. One interesting cultural thing was that, even though it was an athletic club, our shoes had to be removed before we could enter the club. In the area of the courts, we were allowed to wear our courts shoes, but if we left that area for any other part of the club, we had to remove our shoes and put on slippers.

Before I left the *US*, Kenji sent me an emergency email asking for help. The *Japan Masters*, like the *NMRA*, use the *Ektelon Classic* as their *Official Ball*. They had tried to purchase them from suppliers in the *US* but were told none were available. Kenji asked if I could help get one case that would be needed for the event with 56 players. Being 'always prepared',



I happened to have one case of *NMRA* balls from our event in *UT* that was left over. I told Kenji that the *NMRA* would be happy to 'sponsor' the event with a case of balls.



I played in both *Men's 55+ Singles* and *Open Mixed Doubles*. I was a little concerned about my knee holding up to the challenge, but was very excited to be playing again right after our *NMRA International Championship* in July at *NC State*. As it turned out, my knee was about the only part of my body that held up through the 15 matches over two days. I also ended up playing two 'demo' matches against the Coach of the *Japan National Team* and with **Osamu Ueno** as my partner against the two 45-year-old *Japan National Doubles Champs*. All I will say is that I did not embarrass myself or my partner.

At the end of the day on Saturday, all of the players and guests boarded a bus and headed for our 'host' hotel in the foothills on the coast of the *Sea of Japan*. At each seat was a sixpack of assortment of *Japanese Beers*... just my kind of hospitality.



The host hotel was a *Natural Hot Springs Spa and Resort* on the beach.

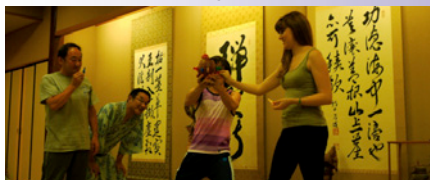
When we arrived, we had enough time to enjoy the traditional hot springs, shower, put on our *Kimonos* and then head to the banquet. Once again, the food was traditional, the beer and *Saki* were amazing, and the friendship was sincere.



One of three of the banquet tables

continued ➤

There was food and games...



Even my daughter, Rebecca, got into the act.
And friendships.....



Setsuko, Kazuhiro, and Osamu... all of
whom have played in NMRA events

On Sunday morning, we got back on the
bus and headed back to the DASH Club
to start the final rounds of play.

I should have explained earlier the format
for the tournament. It was all round
robins, but the matches were timed in
15 minute games. You scored the most
points you could in each 15 minute game.
There were no refs, but there was a timer
who told you when you had 10, 5, 2, and
1 minute left to play. The number of wins,
total points, and total lost points were
used to determine who would play in the
finals of each bracket. The top two from
each flight played in the semi and finals.

One rule I really liked was, if there was a
tie, then the OLDEST player was declared
the winner. Although it did not help my
cause, it was nice to know I had a couple
of ways of getting a respectable finish.

As it turned out, I did pretty well. I made
the finals in both Singles and Doubles.

To say it was a fun trip would be an
understatement. It was a great time to
spend with my daughter away from her
busy life in *Shanghai*; for me to play a
sport I love; and to share that experience
with both new and old friends.

I had the chance to live and play in a
Global World. I am already planning
on making the *World Senior Doubles* in
Seoul, Korea next year.



2013 NMRA Election Ballot and Voting Process

By Cindy Tilbury

Our yearly election is at hand. This year, we solicited players at the *July Raleigh* tournament for NMRA board member candidates and made many email and phone call communications to find qualified candidates for the open positions. Several people let us know they wanted to run. **Howard Walker** and **Patrick Gibson** of Texas decided to run for re-election, and **Leon Jackson** from the Washington, DC area and **Tony White** from Alabama would each like your vote for a first three-year term.

We will again be offering online voting. The election will be available to all current NMRA members at the www.r2sports.com website (event type is Election, rather than Tournament). It only takes a few minutes to vote, so log on and voice (click) your opinion! Click this link to vote. You must have a *USA Racquetball* profile in www.r2sports.com, but you may set it up or find your password, if you don't already know it.

<http://www.r2sports.com/tourney/home.asp?TID=10350>

If you would like to run and you are NOT listed in this newsletter, we can do several things to further your campaign:

- Send a blast email with your intent to run, along with your bio and picture. In addition to phone calls/emails you initiate, you can run an effective write-in campaign.
- Invite you to run for the Board in one year. We welcome your involvement before the next election, and you can get a feel for the group's efforts.

If you are considering running for the board in the future, please contact a current or past board member to ask about the duties and commitment. You might have in mind an area of interest where you feel you can contribute. We sincerely welcome that.

Official NMRA Board of Director ELECTION BALLOT

Postmark Deadline – February 1, 2013 Online Deadline – February 1, 2013

October, 2012 -- Vote for a maximum of three (3) candidates

Review the candidates' qualifications in this newsletter, or online at <http://www.r2sports.com/tourney/viewDivsFees.asp?TID=10350>.

To make your vote count:

1. Vote online at <http://www.r2sports.com/tourney/home.asp?TID=10350>

-OR-

1. Cut this ballot out of the newsletter
2. Keep the address label on the back of it to validate that a current NMRA member is voting.
3. X your candidate choices.
4. Put it in an envelope by February 1, 2013
5. Send it to Cindy Tilbury, 23308 Bocana Street, Malibu, CA 90265 303.888.4461 Cell

Vote X	Name	State
	Patrick Gibson	TX
	Leon Jackson	DC
	Howard Walker	TX
	Tony White	AL
		Write-In
		Write-In
		Write-In

NMRA TOURNAMENT Trail 2012-2013

Check the www.nationalmastersracquetball.org website or Facebook for the latest updates.



Dec 6-8	NMRA Doubles-Only 40+	Pleasanton, CA	Steve Cohen	www.nationalmastersracquetball.org
Jan 18-20	WSMRA Singles 35+	Arlington, TX	Kendra Tutsch	www.wsmra.com or kdtutsch@wisc.edu
Feb 13-17	USAR National Doubles	Phoenix, AZ	USAR	www.usra.org
Mar 6-9	NMRA National Championships	Tucson, AZ	Cindy Tilbury	www.nationalmastersracquetball.org
Apr 12-14 / 19-21	USAR Regionals	Various, US	USAR	www.usra.org
May 15-19	US National Singles	Fullerton, CA	USAR	www.usra.org
Jun 12-15	World Senior Doubles 35+	San Jose, CR	Gary Mazaroff	www.internationalracquetball.com
Jul 17-20	NMRA International Championships	Milwaukee, WI	Howard Walker	www.nationalmastersracquetball.org
Oct TBA	Huntsman Senior Games 50+	St. George, UT	Dick Morgan	www.seniorgames.net/sports/racquetball
Oct 2-6	US Open	Minneapolis, MN	USAR	www.usra.org
Dec TBD	NMRA Doubles-Only 40+	Orem/Provo, UT	Steve Cohen	www.nationalmastersracquetball.org
Mar TBD	NMRA National Championships	Fullerton, CA	Steve Cohen	www.nationalmastersracquetball.org
Jul TBD	NMRA International Championships	Raleigh, NC	Howard Walker	www.nationalmastersracquetball.org
Dec TBD	NMRA Double-Only	TBD	Howard Walker	www.nationalmastersracquetball.org

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Check the www.nationalmastersracquetball.org website or Facebook for updates and immediate election results.



NMRA RacquetRacket Newsletter
Cindy Tilbury, Editor
23308 Bocana Street
Malibu, CA 90265



Be sure to check the www.nationalmastersracquetball.org website for updates and immediate election results!